



The Rotary Reader

October 11, 2017
Volume 2018 Issue 14
Club # 4234
Club Charter Date
1/13/1954

**Rotary Club of Fort Walton Beach
Presidential Citation Award Winner for 20 Years**

October is Economic and Community Development Month

Board of Directors

- President:** Aaron Webber
- President Elect:** Ron Grissom
- Secretary:** Ross LeBlanc
- Treasurer:** Dusty Ricketts
- Past President:** Katie Sharon
- At Large:** Forrest Townsend and
Chuck Landers
- Senior Member:** Bob Fowner
- Sergeant at Arms:** Rick Owen and
John Roper

Committee Chairs

- Club Admin:** Joe Meyer
- **Programs:** Your Name Could be
Here
- **Socials:** JT Edwards
- **Bulletin:** Jan Pooley
- Public Relations:** Matt Simpson
- Membership:** Lisa Williams, Andy
Corbin
- Rotary Foundation:** Katie Sharon
- Service Projects:** Rick Owen
- Youth Services:** Ross Hamilton and
Charles West
- Scholarship Inc:** Matt Turpin
- Scholarship Drawdown:**
Ross LeBlanc, Dusty Ricketts
- Executive Secretary:**
Lorrageia Jackson
executivesecretary@fortwaltonrotary.org

Today's Speakers: Dr Lizzie Snow Rise Chiropractic



Hello! My name is Dr. Lizzie Snow & I am a chiropractic here in FWB. I would like to tell you a little bit about me so you know why I do this. I went to college ready to take on the world working as an athletic trainer, playing division I rugby at Notre Dame, and thought I was invincible. Despite all the glamour I was living a lie. I had constructed a double life. One where I wore a mask to make sure outsiders saw no flaws only the façade of perfection. The other life was full of unhealthy choices I made to disguise the depression and anxiety ravishing my inner world. It came to a head one night when I came within inches of losing my life. **I was presented with a choice.**

Did I want to stay in a dark place full of lies consuming my life or did I want to forge a new path and live?

I made my choice which included two commitments. The first was to change directions moving out of the shadows shedding my old skin in order to live. The second commitment I made was to walk shoulder to shoulder with others as they made their journey out of a dark corner in their own lives. I had received help in my transformation and now I wanted to offer the same to others in return.

By fate I found Chiropractic which allows me to continue my journey of health providing a vehicle to guide and serve others in need. I had no idea that being under Chiropractic care would help alleviate my depression, anxiety, and rid me of the migraines I suffered from throughout my lifetime. With on going wellness Chiropractic care I was freed from the chains preventing me from experiencing true health expression.

As your chiropractor my commitment level is necessarily high because of what I previously shared. Nothing satisfies me more than seeing true health expressed in people especially those with little hope because they were told it is not possible for them. I believe that all life is sacred. There is no hole, no circumstance too deep for someone to climb out of. It is my privilege and honor each time I witness a person reclaim their freedom when health is awakened within them. I welcome the opportunity to work with anyone who wants help. Consider this your invitation. Real heroes do not give up on themselves or their children. As a consequence of this many of us feel like an outsider, a stranger, or perhaps feel like we slipped through the proverbial cracks. At this office everyone is recognized and appreciated for their uniqueness because here there are no outsiders, only family members. Thank you for the opportunity to help you and your family. I look forward to warmly welcoming you into mine.

www.fortwaltonrotary.org
PO Box 0892; Fort Walton Beach, FL 32549
Follow us on Facebook: Rotary Club of Fort Walton Beach
District website: www.rotary690.org



RI Convention Toronto June 23-27, 2018

Registration is Open!

June 15-December 15
\$335 per person

December 16-March 31
\$410 per person

April 1—June 27
\$495 per person

Toronto is Canada's largest city, fourth largest in North America, and home to a diverse population of 2.8 million people. It's a global centre for business, finance, arts and culture and is consistently ranked one of the world's most livable cities.

Join Rotarians from around the world to learn, be inspired and share fellowship.

From the House of Friendship to the General Sessions to Breakouts to Special Ticketed Events, there is something for everyone to enjoy.

Consider making the commitment to attend. You will be a better Rotarian!

For More Information:
www.riconvention.org

Cell Phone Technology Use to Fight Polio

Mobile phones and simple text messaging may be the keys to victory in the world's largest public health initiative: the eradication of polio.

As the disease retreats from the global stage, thriving in only a few remote areas in 3 countries, it's up to health workers to deliver vaccines and share information with speed and accuracy.

Rotary and its partners in the Global Polio Eradication Initiative are strengthening the lines of communication by giving cell phones to health workers in Pakistan and Nigeria, where a single text message could save a life.

In Pakistan, Rotary has been working to replace traditional paper-based reporting of maternal and child health information, including polio immunization data, with mobile phone and e-monitoring technology. Health workers can use the phones to send data via text to a central server. If they see a potential polio case, they can immediately alert officials at Pakistan's National Emergency Operations Center. They also can note any children who didn't receive the vaccine or parental refusals—and record successful immunizations. In Pakistan, the polio eradication effort aims to reach the nation's 35 million children under 5.

The result is a collection of real-time information that can easily monitor and assess, says Michel Thieren, regional emergency director of the World Health Organization's Health Emergency Program.

"Cell phone technology signals tremendous progress in the polio eradication program," says Thieren, who has directed polio-related initiatives for WHO in Pakistan. "The data we collect needs to have such a granular level of detail. With real-time information that can be recorded and transcribed immediately, you can increase accuracy and validity."

"This gives governments and polio eradication leaders an advantage in the decisions we need to make operationally and tactically to eliminate polio," Thieren says.

Health workers also are using mobile phones to monitor a multitude of maternal and child health factors.

Area Club Fundraisers

Walt Ruckel Memorial Scholarship Golf Tournament

Friday, October 27, 2017—Eglin Golf Course (Eagle) - Rescheduled from 9/23
11:30 am Registration and lunch

Shotgun Start

Sponsored by Niceville-Valparaiso Rotary Club

\$400 per team includes lunch, 18 holes of golf with cart, specialty holes and gift bag
You can also participate by sponsoring a hole (\$100) or donating a gift certificate, auction prize or small items for gift bags

Little Free Libraries

Please continue to bring books for our Little Free Libraries to our Wednesday meetings. Books for children and adults are appropriate. Biographies, novels, cookbooks, non-fiction, inspirational, etc. are all good choices for restocking our libraries.

Rotary Helps Disaster Victims

The Rotary Foundation and Rotary clubs are helping communities battered by severe weather and earthquakes. Two powerful earthquakes hit Mexico, destroying buildings and highways, and killing hundreds of people. Hurricanes Harvey, Irma and Maria have caused billions of dollars in damage.

The Rotary Foundation has established four special funds to collect donations to help victims rebuild.

Through his family foundation, Rotarian Robert Murray established the Puerto Rico fund. Murray wanted to encourage Rotary members to match the \$1 million the Murray Foundation donated to the Red Cross.

Rotary's partner, Shelter Box, is providing support to families displaced by the storms.

How to Contribute (to donor advised funds at the Foundation):

Puerto Rico Recovery—Account # 614

Mexico Earthquake Recovery Fund — Account #613

Gulf Coast Disaster Relief Fund—Account #608 (Hurricane Harvey)

Hurricane Emergency Relief Fund—Account #296 (Hurricanes Irma and Maria)

You can contribute by check or wire transfer or online with a credit card. You'll need to provide the Donor Advised Fund name and number listed above. When contributing via credit card please check the address box to share your address with Rotary.

Upcoming Programs and Activities

October is Economic and Community Development Month

10/18	Regular Meeting	Debbie Bodestine
10/24	World Polio Day	
10/25	Regular Meeting	Coaches Dorn (FWB) and Thomas (Choctaw)
1/27	Rotary Leadership Inst	Pensacola
2/17	Rotary Leadership Inst	Panama City Beach
3/10	Rotary Leadership Inst	Tallahassee
4/6-8	District Conference	Baytowne Conference Center, Sandestin

Did You Know? You can attend a club board meeting, committee meeting or project as a make-up.

The Object of Rotary

The Object of Rotary is to encourage and foster the ideal of service as a basis of worthy enterprise and, in particular, to encourage and foster: **FIRST** the development of acquaintance as an opportunity for service

SECOND High ethical standards in business and professions, the recognition of the worthiness of all useful occupations, and the dignifying of each Rotarian's occupation as an opportunity to serve society

THIRD The application of the ideal of service in each Rotarian's personal, business and community life

FOURTH The advancement of international understanding, goodwill, and peace through a world fellowship of business and professional persons united in the ideal of service.

Birthdays and Anniversaries

October Birthdays	October Anniversaries	October Club Anniversaries
10/02 Eulice Shelley	10/04 Tom & Denise Hayes (34)	10/01 Herb Tinsley (46)
10/03 Jack Arthur	10/04 John & Sherrie Linn (37)	10/12 Jan Pooley (23)
10/05 Mitzi Henley	10/07 Katie & JD Sharon (11)	10/17 Charles West (16)
10/22 Tony Gilligan	10/10 Ross & Brianne LeBlanc (8)	
10/27 Russ	10/20 Neal & Maxine Bern (6)	
Youngblood		
10/30 Ron Grisson		



Through the first nine months of 2017 only 11 cases of the wild polio virus have been documented. Six cases in Afghanistan this year compares to 8 for the same period in 2016. 5 cases in Pakistan compares to 14 for the same period in 2016. Nigeria reports 0 cases this year compared to 3 last year. A 56% reduction!

Rotary Roster

The Four-Way Test
Of the things we think,
 say or do:

- 1) Is it the TRUTH?
- 2) Is it FAIR to all concerned?
- 3) Will it build GOOD-WILL and BETTER FRIENDSHIPS?
- 4) Will it be BENEFICIAL to all concerned?

Interested in joining Rotary?

Please contact our Membership

Chairs:

Lisa Williams at

lmwillia@southernco.com

or

Andy Corbin

ajc@tslinc.com

PH: Paul Harris Fellows

SM: PH Sustaining Members

* FWB Club Past Presidents

** Past President Other Clubs

RotY: FWB Rotarian of the Year

Members in purple have perfect attendance.

Area Make-Up Opportunities

Don't forget that you can make up missed meetings at neighboring clubs. They include:

Crestview: 12 p.m. Wednesday at Samuel's Restaurant

Destin: 7:15 a.m. Tuesday at Rutherford's at Regatta Bay

DeFuniak Springs: 12 p.m. Wednesday at McLain's Family Steakhouse

Mid-Bay: 7 a.m. Wednesday at Superior Residences at Bluewater Bay

Navarre: 12 p.m. Friday at Beach Community Bank—Navarre

Niceville- Valparaiso: 12 p.m. Thursday at Northwest Florida State College Student Services Building

South Walton: 7:30 a.m. Thursday at Somerby, Santa Rosa Beach

Robert Anderson, SM

CPA

Jack Arthur, PHF SM

Insurance

Neal Bern SM

Insurance

Debbie Bodenstine, PHF SM RotY

Economic Development

Ann Boynton SM Property Management

Joseph Brewster, PHF SM Cable Television

Mack Busbee, SM **

County Government

Tom Butcher

Honorary Member

Kevin Cagle, SM LP

Office Machines

Gerry Chalker, (10) PHF SM *

Pension Administration

Andy Corbin, PHF SM RotY *

Electronics Mfg.

George Dorris, PHF SM

Dentistry

JT Edwards, PHF SM RotY

Landscaping Owner

Dan Empson

Honorary

Cliff Ennis

Business IT Management

Bob Fowner, PHF SM

Association Manager

Tony Gilligan, PHF SM RotY

Government Contractor

Ben Gordon, SM

Attorney

Ron Grissom, PHF SM

Utilities

Chad Hamilton, PHF SM

CPA

Ross Hamilton, SM

Education- College

Sallie Hardy, PHF

Commercial Properties

Tom Hayes, PHF SM

Financial Services

Jody Henderson, PHF SM *

Accounting/Auditing

Mitzi Henley, SM

Retail Shopping Center

Jeff Hooton, PHF SM

Commercial Lending

Richard Kunkel, PHF SM

Education

Chuck Landers, PHF SM

Certified Public Accountant

Ross LeBlanc, SM

Certified Public Accountant

Tony Leonard, PHF SM **

Retail/Musical Instruments

John Linn, PHF SM

Kitchens-Retail

David Macdonald PHF SM **

Shopping Center Manager

Joe Meyer, (1) RotY PHF

Retail/Computers

David O. Miller, (15) PHF SM

Developmental Disabilities

John Morgan, PHF SM*

Computer Engineer

Matthew Morgan,

Electrical Engineer

Dan Nelson, PHF SM

Restaurant/Fast Food

Michelle Nicholson, SM

Communications

Rick Owen (1)

Non-Profit Management

Roger Peadro, PHF SM RotY*

Pastor

Mary Plummer, PHF

Real Estate Sales

Lyndon Poff, PHF SM RotY

Paint & Body Shop

Diane Poff, (1) SM

Paint & Body Shop

Jan Pooley, (11) PHF SM RotY*

Department Store

Charlie Potts, PHF SM*

Jeweler

Fred Pryor, PHF SM RotY*

Utility Service-Gas

Dusty Ricketts, SM

News Media

John Roper, PHF

Developmental Disabilities

Dick Rynearson

Honorary Member

Katie Sharon, (1) PHF SM *

Banking

Eulice Shelley, PHF *

Moving & Storage

Matt Simpson

Insurance and Bonding

Scott Smith, PHF SM*

Chiropractor

Oxana Solovieva (1)

Commercial Real Estate

Rick Stevens, PHF SM RotY*

Surge Suppression Systems

Steve Taylor

Management Consultant

Kent Tinsley

Commercial Banking

Herb Tinsley, PHF SM RotY*

Savings & Loan Mgmt.

Forrest Townsend, PHF SM RotY*

Veterinarian

Alex Trum, PHF

Orthodontist Retired

Matt Turpin, SM

Certified Public Accountant

Aaron Webber, (1) PHF SM

Condo Management

Charles West, (2) PHF SM*

Investment Broker

Lisa Williams

Utilities

Jean Woo, PHF

Dentist

Jack Yeiser, PHF

Mortgage Broker

Russ Youngblood PHF **

Psychologist

Matt Zasada

CPA

Recent Meeting Attendance

Month of Aug Avg: 59.2%

Sept 6 66.7%

Sept 13 55.9%

Sept 20 61.7%

Sept 27 57.4%

Month of Sept Avg: 60.8%