



The Rotary Reader

July 31, 2019
Volume 2020 Issue 4
Club # 4234
Club Charter Date
1/13/1954

Board of Directors

- President:** Ross LeBlanc
- President Elect:** Matt Simpson
- Secretary:** John Roper
- Treasurer:** Rick Owen
- Past President:** Ron Grissom
- At Large:** JT Edwards & Athena Riley
- Senior Member:** Charlie Potts
- Sergeant at Arms:** Andy Corbin & Brandon Lewis

Committee Chairs

- Club Admin:**
 - **Programs:** Rick Stevens & Katie Sharon
 - **Socials:** Neal Bern & Charles West
 - **Bulletin:** Jan Pooley
- Public Image:**
- Membership:** Joe Meyer
- Rotary Foundation:** Gerry Chalker
- Service Projects:** Rick Owen
- Youth Services:** Joe Garvie
- Scholarship Inc:** Joe Meyer
- Fundraisers:** Aaron Webber
- Executive Secretary:**
Lorrageia Jackson
executivesecretary@fortwaltonrotary.org

Rotary Club of Fort Walton Beach Rotary Citation Earner 2 Consecutive Years

Today's Speaker: Tucker McPherson thrIVE Wellness



Tucker McPherson is a native Memphian who attended Memphis State University and graduated with a BA in Technical Communications from the University of Tennessee. Her IT technical writing/business analyst career has provided her great opportunity and mobility in both geographical locations and multiple industries.

She moved to the Fort Walton Beach area initially in 2007 to be with her husband, Jim, who was stationed at Eglin AFB. Her passion has always been health and wellness, which inspired her to open thrIVE Wellness in Fort Walton Beach.

thrIVE Wellness is the Emerald Coast's premier IV Hydration Therapy and Wellness Center. thrIVE offers the most innovative and effective ways to reach your optimum lifestyle with custom IV therapies that complement their wellness services and weight loss products including Phentermine, MICC and LipoStat Plus.

Rotary's Vision Statement



www.fortwaltonrotary.org www.rotary6940.org
PO Box 0892; Fort Walton Beach, FL 32549
Follow us on Facebook: Rotary Club of Fort Walton Beach



RI Convention Honolulu June 6-10, 2020

Registration is Open!

Now - December 15
\$450 per person

December 16-March 31
\$550 per person

April 1—June 10
\$650 per person

People of Action from all over the world will gather to connect, celebrate, and collaborate to make a better world.

Hear from world leaders, philanthropists and other remarkable people during general sessions. Learn more about thought provoking topics at in-depth seminars, workshops and discussions.

In the House of Friendship you will visit booths that feature club and district projects, Rotary Fellowships, and Rotarian Action Groups. You can shop for Rotary merchandise, meet with Rotary staff to learn about programs and services and enjoy food and entertainment unique to Hawaii.

Consider making the commitment to attend. You will be a better Rotarian!

For More Information:
www.riconvention.org

2019-2020 District Governor Innes Richards



Hello fellow Rotarians,

As my first duty on my first day, I wanted to welcome everyone to a new Rotary year! I also want to thank PDG John Medina and his wife DeeDee for having an exceptional 2018-19 rotary year due to their hard efforts and support from all of you. The job is challenging enough, but adding in the challenges of hurricane Michael and “not missing a beat” is phenomenal! We all wish John and DeeDee a more relaxing 2019-20 and sincerely appreciate their dedicated service

A special welcome goes to the new Leadership Team, and especially to all the new Club Presidents! This will be an exciting year with all the changes that are taking place in Rotary, making it easier for more people to enjoy the Rotary experience. Knowing the busy lifestyle of everyone today, Rotary International has relaxed many of the membership rules during their 2019 meeting of the Council on Legislation. Since each club is different, and as President, you are in control of your club, implementing these changes are up to you, but I think you will find that they will improve membership numbers in your clubs, without sacrificing quality. You will be hearing more about this later.

R.I. President Mark Maloney wants more visibility and responsibility from our Area AG's, so Rotary clubs will be seeing and hearing more from them. The AG for your area will be a valuable resource to you and will be passing on valuable updates that I receive from R.I. Your Leadership Team is also a valuable resource for you. Remember that everything good that happens in Rotary, happens at the club level. Everyone else is here to support you! Please feel free to contact any of us if you need any help.

I wish all of you a great year, and I look forward to seeing you on my club visits.

Yours in Rotary Service,
Innes C. Richards
District Governor

Little Free Libraries



We have a continual need for books to keep our Little Free Libraries full. Hardbacks and paperbacks children, youth and adults can be used. Bring your books to any Wednesday meeting. Thanks to Dave Miller for overseeing the maintenance of our libraries.



A father’s concern and fear propelled sleepless Ben Lowry, an attorney in Portland, Maine, out into the streets one evening searching for his eldest son. Just a year earlier, his son had been in college studying engineering when he began using drugs, including opioids. The family spent more than \$100,000 on treatment/recovery programs before Lowry gave his son an ultimatum: stop using or move out. His son moved out. Now, hearing the wail of sirens on this night, Lowry feared the worst. “Someone said there was an overdose nearby, and I hurried over, thinking it was my son,” Lowry said, his voice cracking with emotion. “There was a young woman dead in the street, probably in her 20s. It’s a very difficult thing to see, especially when your son is living out there.” According to the U.S. Centers for Disease Control and Prevention, Maine and New Hampshire recorded nearly 800 opioid overdose deaths in 2017 – a terrible toll, but a small fraction of the 47,600 opioid deaths across the United States that year. As a member of the Rotary Club of Portland, Lowry decided to do more than just address his own situation. He joined a group of Rotary members in the New England area who have come together to prevent overdose deaths. In partnership with public health agencies, the District 7780 Recovery Initiative Committee organizes seminars that educate the community on the dangers of opioids, supports education campaigns in public schools, and raises money to train recovery coaches who assist drug users who are trying to turn their lives around. “I don’t know if I will be able to help my son,” Lowry says. “But if I can help others in a similar situation, I want to.” Read more of this story on www.rotary.org

Upcoming Programs and Activities

7/31	Regular Meeting	Tucker McPherson—thrIve Wellness
8/07	Regular Meeting	Fort Walton Beach Landing Renovation
8/14	Regular Meeting	Okaloosa County School District

Do You Know? You can make up missed meetings by attending another club’s meeting or an e-club meeting, participating in a project or committee meeting. Be sure to let Lorrageia know.

July Birthdays and Anniversaries

Birthdays	Wedding Anniversaries	Club Anniversaries
7/11 Matthew Morgan	7/10 Fred & Mayrelizbeth Pryor	7/01 John Linn (30)
7/15 Forrest Townsend	(54)	7/02 Aaron Webber (10)
7/26 Diane Poff	7/14 Matt and Jennifer Zasada (12)	7/02 Matthew Morgan (10)
7/27 Eric Polson	7/23 Alex & Donna Trum (59)	7/10 Mary Plummer (17)
		7/12 JT Edwards (11)
		7/29 Robert Anderson((10)

The Object of Rotary

The Object of Rotary is to encourage and foster the ideal of service as a basis of worthy enterprise and, in particular, to encourage and foster:

FIRST the development of acquaintance as an opportunity for service

SECOND High ethical standards in business and professions, the recognition of the worthiness of all useful occupations, and the dignifying of each Rotarian’s occupation as an opportunity to serve society

THIRD The application of the ideal of service in each Rotarian’s personal, business and community life

FOURTH The advancement of international understanding, goodwill, and peace through a world fellowship of business and professional persons united in the ideal of service.



Global Polio Eradication Initiative is a

partnership between Rotary International, Centers for Disease Control and Prevention, World Health Organization, UNICEF and the Bill and Melinda Gates Foundation. The goal of GPEI is to complete the eradication and containment of wild, vaccine-related and Sabin polioviruses, such that no child ever again suffers paralytic poliomyelitis. The Gates Foundation matches our donations \$2 for \$1!

Rotary Roster

We are
People of Action
Rotary is where
Neighbors, Friends and
Problem Solvers

- Share ideas
- Join leaders and
- Take action to create lasting change.

Interested in joining Rotary?

Please contact our Membership
Chair: Andy Corbin
ajc@tslinc.com

The Four-Way Test

Of the things we think,

- say or do:
- 1) Is it the TRUTH?
 - 2) Is it FAIR to all concerned?
 - 3) Will it build GOOD-WILL and BETTER FRIENDSHIPS?
 - 4) Will it be BENEFICIAL to all concerned?

Area Make-Up Opportunities

Don't forget that you can make up missed meetings at neighboring clubs. Please contact the club in advance to be sure their schedule hasn't changed. Club contact info is in DACdb

Crestview: 12 p.m. Wednesday at Samuel's Restaurant

Destin: 7:15 a.m. Tuesday at Rutherford's at Regatta Bay

DeFuniak Springs: 12 p.m. Wednesday at McLain's Family Steakhouse

Mid-Bay: 7 a.m. Wednesday at American House in Bluewater Bay

Navarre: 12 p.m. Friday at Beach Community Bank—Navarre

Niceville- Valparaiso: 5:30 p.m. Monday at Props Ale House in Niceville

South Walton: 7:30 a.m. Thursday at Somerby, Santa Rosa Beach

Robert Anderson, SM
CPA
BBVA/Compass
Katie Sharon PHF*/Lane Redding/Robin Donlon
Corporate Member
Neal Bern SM
Insurance
Debbie Bodensine PHF/SM Roty RLI 1
Economic Development
Joseph Brewster, PHF SM
Cable Television
Mack Busbee, PHF SM **
County Government
Tom Butcher
Honorary Member
Gerry Chalker, (12) PHF MD SM * Pension Administration
Tim Chiasson
Attorney
Andy Corbin, PHF SM RotY * RLI 1
Electronics Mfg.
George Dorris, PHF SM
Dentistry
JT Edwards, PHF SM RotY
Landscaping Owner
Dan Empson
Honorary
Joe Garvie
Construction
Tony Gilligan, PHF SM RotY
Government Contractor
Ben Gordon, SM
Attorney
Ron Grissom, (1) PHF SM RLI 3
Utilities
Chad Hamilton, PHF SM
CPA
Hancock/Whitney Bank
Stacey McGilvray, Clint Aden
Corporate Member
Sallie Hardy, PHF
Commercial Properties
Tom Hayes, PHF SM
Financial Services
Jody Henderson, PHF SM *
Accounting/Auditing
Mitzi Henley, PHF SM
Retail Shopping Center
Rudy Hill, SM
Office Products

Jeff Hooton, PHF SM
Commercial Lending
Richard Kunkel, PHF SM RLI 1
Education
Chuck Landers, PHF SM
Certified Public Accountant
Ross LeBlanc, SM
Certified Public Accountant
Tony Leonard, PHF SM **
Retail/Musical Instruments
Brandon Lewis
Insurance
John Linn, PHF SM
Kitchens-Retail
Joe Meyer, (1) RotY PHF
Retail/Computers
David O. Miller, (17) PHF SM
Developmental Disabilities
John Morgan, PHF SM*
Computer Engineer
Matthew Morgan,
Electrical Engineer
Dan Nelson, PHF SM
Restaurant/Fast Food
Michelle Nicholson, PHF SM
Communications
Rick Owen (3) PHF PHS RotY RLI 2 Non-Profit Management
Mary Plummer, PHF
Real Estate Sales
Lyndon Poff, PHF SM RotY
Paint & Body Shop
Diane Poff, PHF SM
Paint & Body Shop
Eric Polson
Collision Repair
Jan Pooley, (13) PHF SM BS RotY* RLI 3 RLIDL Department Store
Charlie Potts, PHF SM*
Jeweler
Fred Pryor, PHF SM RotY*
Utility Service-Gas
Athena Riley
Attorney
John Roper, (1) PHF RLI 2
Developmental Disabilities
Dick Rynearson
Honorary Member
Eulice Shelley, PHF *
Moving & Storage
Matt Simpson
Insurance and Bonding

Scott Smith, PHF SM*
Chiropractor
Rick Stevens, PHF SM RotY* RLI 3 RLIDL
Surge Suppression Systems
Herb Tinsley, PHF SM RotY*
Savings & Loan Mgmt.
Kent Tinsley
Commercial Lending
Forrest Townsend, PHF SM RotY*
Veterinarian
Alex Trum, PHF
Orthodontist Retired
Matt Turpin, SM
Certified Public Accountant
Aaron Webber, PHF SM * RLI2
Condo Management
Charles West, PHF BS SM*
Investment Broker
Jean Woo, PHF
Dentist
Jack Yeiser, PHF
Mortgage Broker
Russ Youngblood PHF **
Psychologist
Matt Zasada
CPA
Andy Zoff
Race Car Driver

PH: Paul Harris Fellows
PHS: Paul Harris Society
MD: Major Donor
BS: Bequest Society
SM: PH Sustaining Members
* FWB Club Past Presidents
** Past President Other Clubs
RotY: FWB Rotarian of the Year
RLI1/2/3—Level Completed
RLI DL—RLI Discussion Leader

Members in purple have perfect attendance.