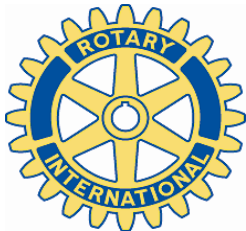


August 24, 2011



The Rotary Reader

Post Office Box 892

Fort Walton Beach, FL 32549

District Governor's Gold Medal of Honor Award Winner — 2006-07

Presidential Citation Award Winner — 18th Consecutive Year

The Rotary Club of Fort Walton Beach

CHRISTINA FORSYTH
Children's Volunteer Health Network

Board of Directors

President:

Scott Smith

Vice-President:

Jason Clark

Secretary:

Jan Pooley

Treasurer:

Roger Peadro

Past President:

Al Stearns

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Membership:

Julie Orr

Services Projects:

Jamey Mattern

Rotary Foundation:

Jan Pooley

Public Relations:

Jamey Mattern

Club Administration:

Aaron Webber

Sergeant at Arms:

Mike WrightReynolds

Programs:

Chad Hamilton

Scholarship, Inc.:

Mitzi Henley

Social Committee

Pam Reynolds-Amos

Bulletin

Andy Corbin

Executive Secretary

Nancy Robinson

Assistant District Governor

Rick Stevens



Christina Forsyth-Client Care Coordinator

We are excited to introduce Christina Forsyth as the new client care coordinator for CVHN. Having recently completed her Masters in Counseling, she will be a valuable addition to our team as she works with children in the Walton and Okaloosa areas. Christina's experience covers a wide range of areas including: individual and couples counseling, mentoring young girls, assisting and teaching homeless, writing curriculum, and sponsoring workshops. Prior to joining CVHN, Christina interned at an Atlanta-based wellness center for women.

Christina attended Auburn University and received her undergraduate degree from Samford University located in Birmingham, AL and Masters degree from Richmond Graduate University in Atlanta, GA. After spending summers here for over a decade, she now calls Sandestin home.

Christina Forsyth

Client Care Coordinator

Children's Volunteer Health Network, Inc.

Office: 850-622-3200 ext. 101

Fax: 850-622-5434

clientcare@cvhnkids.org

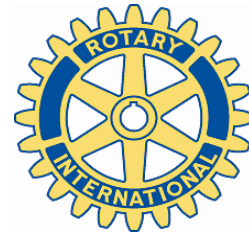
THE OBJECT OF ROTARY

The Object of Rotary is to encourage and foster the ideal of service as a basis of worthy enterprise and, in particular, to encourage and foster:

- **FIRST.** The development of acquaintance as an opportunity for service;
- **SECOND.** High ethical standards in business and professions; the recognition of the worthiness of all useful occupations; and the dignifying of each Rotarian's occupation as an opportunity to serve society;
- **THIRD.** The application of the ideal of service in each Rotarian's personal, business, and community life;
- **FOURTH.** The advancement of international understanding, goodwill, and peace through a world fellowship of business and professional persons united in the ideal of service.

THE ROTARY FOUR WAY TEST

- 1) Is it the truth?
- 2) Is it fair to all concerned?
- 3) Will it build goodwill and better friendships?
- 4) Will it be beneficial to all concerned?



Quote of the Day

“Although a soldier by profession, I have never felt any sort of fondness for war, and I have never advocated it, except as a means of peace.”

- Theodore Roosevelt (1822-1885) 18th President of the U.S.

UPCOMING SPEAKERS AND EVENTS

- 8/31 Kathy Houchins—Homelessness Summit
 9/7 Jim Brunner—Conchology
 9/14 Dr. Ty Handy—President, Northwest Florida State College
 9/21 Carolyn Ketchel—Catholic Charities
 9/28 Sharon Rogers—Ben Gordon Visitation Center

Additional Warnings on Beer and Alcohol Labels

The FDA is considering additional warnings on beer and alcohol bottles, such as:

- **WARNING:** Consumption of alcohol may make you think you are whispering when you are not.
- **WARNING:** Consumption of alcohol may cause you to tell the same boring story until your friends want to smash your head in.
- **WARNING:** Consumption of alcohol may cause you to say things like this.
- **WARNING:** Consumption of alcohol may lead you to believe that ex-lovers are really dying for you to telephone them at 4 in the morning.
- **WARNING:** Consumption of alcohol may lead you to think that people are laughing WITH you.
- **WARNING:** Consumption of alcohol may actually CAUSE pregnancy.
- **WARNING:** Consumption of alcohol may create the illusion that you are tougher, handsomer and smarter than some really big guy named Chuck.

INVESTING LESS THAN \$2 A WEEK THROUGH THE FOUNDATION CHANGES LIVES



A child bathes in Río Bajabonico in La Grúa, Dominican Republic. Rotary club members have helped install 19,000 bio-sand filters, which make water safe to drink, through the Rotarian-led Children's Safe Water Alliance.

Worldwide, Rotary Foundation Matching Grants are saving and changing lives. Since the first Matching Grant was awarded in 1965, more than US\$335 million has been distributed through more than 30,000 grants.

This is a tremendous achievement for Rotarians, who have made these grants possible through their generous donations to the Annual Programs Fund, and dedicated their time and talent to help carry out projects that put Service Above Self.

By giving \$100 a year -- less than \$2 a week -- to the Annual Programs Fund through the Every Rotarian, Every Year (EREY) initiative, Rotarians become part of the Foundation's mission to advance world understanding, goodwill, and peace through the improvement of health, the support of education, and the alleviation of poverty.

THIS WEEK'S BIRTHDAYS

Pam Reynolds-Amos – 22nd Debbie Bodenshteyn – 29th Dan Nelson – 23rd Ted Rahe – 26th

THIS WEEK'S ANNIVERSARIES

Eulice Shelley – 28th

Rotary Roster

Amos, Pam SM

Funeral Services

Anderson, Robert SM

CPA

Arthur, Jack PHF SM

Insurance

Bennett, Nitsi PHF X *

Non-Profit Administration

Bodenstine, Debbie PHF X

Economic Development

Bohnsack, Rob SM

Reverend

Brewster, Joseph PHF SM

Cable Television

Brutt, Frank PHF SM

County Planning

Butcher, Tom

Honorary Member

Cagle, Kevin SM

Office Machines

Chalker, Gerry PHF SM *

Pension Administration

Clark, Jason SM

Insurance

Conner, Tom PHF SM

News Media

Corbin, Andy PHF SM X *

Electronics Mfg.

Curry, Jim PHF SM **

Government Management

Czechs, Imelda

Accounts Payable Manager

Davis, James PHF SM *

Public Utilities

Dorris, George PHF SM

Dentistry

Duncan, Buddy SM

Chaplain

Ekedahl, Brian SM

Social Services

Empson, Dan

Honorary

Fallin, Ralph PHF SM X *

Dairy Products

Fitzhugh, Mark

Clergy

Foster, William PHF SM * X

Attorney

Fowner, Bob PHF SM

Association Manager

Gavin, Clifton SM

Attorney

Gilligan, Tony PHF SM

Government Contractor

Grubbs, Haydon PHF SM

Education

Hamilton, Chad PHF

CPA

Hardy, Sallie PHF SM

Commercial Properties

Hayes, Tom PHF SM

Financial Services

Henderson, Jody PHF SM *

Accounting/Auditing

Henley, Mitzi SM

Retail Shopping Center

Hipsh, Whitney SM

Attorney

Hooton, Jeff SM

Commercial Lending

Howard, William PHF

Real Estate-General

Johnson, Chris PHF *

CPA Retired

Johnson, Johnny PHF SM X*

Banking

Kedroski, Cristie

Foundation Development

Landers, Chuck PHF

CPA

Leonard, Tony PHF **

Retail/Musical Instruments

Linn, John PHF SM

Kitchens-Retail

Litschauer, Ted SM

Public Safety

Lowrey, Thomas PHF *

Stockbroker

Martin, Ralph PHF

Aircraft Equipment Mfg.

Mattern, Jamey PHF

Architect

McDonald, J.R. SM

Aerospace Marketing

McNabb, Julie SM

Developmental Disabilities

Meyer, Joe

Retail/Computers

Miller, David O. PHF

Developmental Disabilities

Monroe, Jason

Communications

Morgan, John PHF SM *

Computer Engineer

Morgan, Matthew SM

Electrical Engineer

Nelson, Dan PHF SM

Restaurant/Fast Food

Nicholson, Michele SM

Communications

O'Brien, Kevin

Financial Services

Orr, Julie

Personnel Staffing

Peadro, Roger PHF SM

Pastor

Plummer, Mary PHF SM

Real Estate Sales

Poff, Lyndon PHF X

Paint & Body Shop

Pooley, Jan PHF SM X

Department Store

Potts, Charlie PHF SM *

Jeweler

Pritchard, Kathy PHF SM

Commercial Banking

Pryor, Fred PHF SM *

Utility Service-Gas

Rahe, Ted PHF SM *

Property Management

Richburg, Bob PHF SM X

College Administration

Rollins, Joe SM

Compliance Services

Shaw, Susan SM

Fund Raising

Shelley, Eulice PHF *

Moving & Storage

Simpson, Natalie SM

Legislative

Smith, Pete PHF *

Appraiser

Smith, Scott PHF

Chiropractor

Stearns, Allan PHF SM *

Travel Agent

Stevens, Rick PHF * X SM

Surge Suppression Systems

Stokes, Randy PHF SM *

Architecture

Tibbetts, Alexis SM

Schools

Tinsley, Kent SM

Commercial Banking

Tinsley, Herb PHF * X SM

Savings & Loan Mgmt.

Townsend, Forrest PHF* X SM

Veterinarian

Trigg, Brian SM

Program Analyst

Trum, Alex PHF SM

Orthodontist Retired

Turpin, Matt

CPA

Vaughan, John PHF SM

Past Service

Watson, Yonge PHF*SM

Real Estate

Weaver, John

Youth Organization Mgmt.

Webber, Aaron SM

Condo Management

West, Charles PHF

Investment Broker

Williamson, Ken PHF SM *

Retired

Woo, Jean PHF SM

Dentist

WrightReynolds, Mike PHF

Photography

Yeiser, Jack PHF

Mortgage Broker

Youngblood, Russ PHFSM**

Psychologist

PHF: Paul Harris Fellows
SM: PH Sustaining Members
***** FWB Club Past Presidents
****** Past President Other Clubs
X FWB Rotarian of the Year

Members in purple have perfect attendance.

Members in green font have missed three or more meetings. Please give them a call and encourage them to attend a meeting.

Members in blue font are on a leave of absence.

Don't forget that you can make up a missed meeting at a neighboring club. They include:
Crestview: Wednesday noon, Ryan's
Destin: Tuesday 7:15 a.m. Rutherford's at Regatta Bay
DeFuniak Springs: Wednesday 12:00 p.m., McLain's Family Steakhouse
Mid-Bay: Wednesday 7 a.m., Bluewater Bay Golf Club
Navarre: Thursday noon, Cocodries
Niceville: Thursday noon, OWC Bld. K
South Walton: Thursday 7:30 a.m., Embassy Suites