

Reach Within to Embrace Humanity

The Rotary Reader

Post Office Box 892

Fort Walton Beach, FL 32549

Presidential Citation Award Winner – 18th Consecutive Year

The Rotary Club of Fort Walton Beach



Buddy Duncan

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Jan Pooley

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Roger Peadro

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Mike WrightReynolds

Programs:

Chad Hamilton

Scholarship, Inc.:

Natalie Simpson

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Vacant

Bulletin

Andy Corbin

Executive Secretary

Nancy Robinson

Assistant District

Governor

Rick Stevens

Buddy Duncan is an Ordained Minister and Licensed Professional Counselor who has been actively involved in ministry and counseling education for over thirty years. After serving in full time ministry for fifteen years he founded Buddy Duncan and Associates; a counseling and consulting practice that has enabled him to share publicly with individuals and corporations from coast to coast. Functioning in a variety of capacities as Pastor, Educator, Chaplain, Life Coach, and Motivational Speaker he has garnered insights that he shares in a variety of venues to encourage those in attendance.

Former clients include: Microsoft, Pilgrim's Pride, Johnson & Johnson, Tenet Healthcare Corporation, LSU Medical School, Dallas Independent School District, Hendrix Motor Corporation, Dallas Community College District, Wright Track Associates - Genesis Rehabilitation Facilities

His presentations include the following topics among many others:

- ◆ The Art of Happy-ness
- ◆ Could it be Burnout?
- ◆ The 4-H Club: Hospice, Hope, Humor and Health
- ◆ 10 Meaningful Ways to Bless Your Children
- ◆ Debriefing Tragedy - Finding New Meaning in Life's Toughest Moments
- ◆ Self-Care for the Caregiver
- ◆ All I Really Need To Know I Learned In Kindergarten
- ◆ Coping with Holiday Stress
- ◆ Complex Simplicities - Life as Paradox
- ◆ Attitude Adjustment 101 - How to manage what's beyond your control
- ◆ Change is an Inside Job - Recreating the New You!
- ◆ Stress Management – How to Manage your Life without Losing it at work.

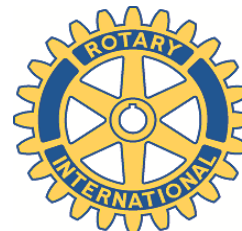
THE OBJECT OF ROTARY

The Object of Rotary is to encourage and foster the ideal of service as a basis of worthy enterprise and, in particular, to encourage and foster:

- FIRST. The development of acquaintance as an opportunity for service;
- SECOND. High ethical standards in business and professions; the recognition of the worthiness of all useful occupations; and the dignifying of each Rotarian's occupation as an opportunity to serve society;
- THIRD. The application of the ideal of service in each Rotarian's personal, business, and community life;
- FOURTH. The advancement of international understanding, goodwill, and peace through a world fellowship of business and professional persons united in the ideal of service.

THE ROTARY FOUR WAY TEST

- 1) Is it the truth?
- 2) Is it fair to all concerned?
- 3) Will it build goodwill and better friendships?
- 4) Will it be beneficial to all concerned?



Quote of the Day

“After two years in Washington, I often long for the realism and sincerity of Hollywood.” - Fred Thompson

UPCOMING SPEAKERS AND EVENTS

- 1/28 NWFSC Raider Basketball Game
- 2/1 Bag Food for Weekend Backpack - 1:30 at Holy Trinity Lutheran Church
- 2/25 Rotary Day of Service - 9am at Rotary Park. Social gathering after (TBD).

USELESS INFORMATION

Animal crackers come in the shape of 18 different animals.

In Las Vegas it is a crime to pawn your dentures.

If your name is Mary it is a crime in Siena, Italy to be a prostitute.

Debra Winger was the voice of E.T. in the 1982 movie.

By law you must have a hunting license to catch mice in Cleveland, OH.

Shaking hands transfers more germs than kissing.

Rod Stewart once worked as a grave digger.

Rotary celebrates India's first polio-free year

Rotary club members worldwide are cautiously celebrating a major milestone in the global effort to eradicate polio. India, until recently an epicenter of the wild poliovirus, has gone one year without recording a new case of the crippling, sometimes fatal, disease.

India's last reported case was a two-year-old girl in West Bengal State on 13 January 2011. The country recorded 42 cases in 2010, and 741 in 2009.

A chief factor in India's success has been the widespread use of the bivalent oral polio vaccine, which is effective against both remaining types of the poliovirus. Another has been rigorous monitoring, which has helped reduce the number of children missed by health workers during National Immunization Days to less than 1 percent, according to the World Health Organization (WHO).

Rotary has been a spearheading partner in the [Global Polio Eradication Initiative](#) since 1988, along with WHO, UNICEF, and the U.S. Centers for Disease Control and Prevention. The Bill & Melinda Gates Foundation is also a key supporter of the initiative.

Sporting their signature yellow vests and caps, the nearly 119,000 Rotarians in India have helped administer vaccine to children, organize free health camps and polio awareness rallies, and distribute banners, caps, comic books, and other items.

"With the support of their Rotary brothers and sisters around the world, Indian Rotarians have worked diligently month after month, year after year, to help organize and carry out the National Immunization Days that reach millions of children with the oral polio vaccine," says RI President Kalyan Banerjee, of the Rotary Club of Vapi, Gujarat.

"The achievement of a polio-free India for a full year is a significant step towards a polio-free world -- an example as to what can be accomplished no matter what problems need to be overcome," says Robert S. Scott, chair of Rotary's International PolioPlus Committee. "Rotarians of India are and should be proud of the key efforts they have made at all levels, without which the world would not be marking this milestone."

See complete story at <http://www.rotary6940.org>



THIS WEEK'S BIRTHDAYS

Scottie Foster-25th

Ralph Martin-27th

Tom Butcher-29th

HAITI TRIP

Rotary District 6940 is planning a humanitarian trip to Haiti to continue the earthquake recovery work that has been underway for almost two years. Details have not been finalized but tentative schedule is 1st or 2nd week in March. Let Scott know if you are interested in being a part of this vital mission.

Rotary Roster

Anderson, Robert SM

CPA

Arthur, Jack PHF SM

Insurance

Bennett, Nitsi PHF X *

Non-Profit Administration

Bodenstine, Debbie PHF X SM

Economic Development

Brewster, Joseph PHF SM

Cable Television

Brutt, Frank PHF SM

County Planning

Butcher, Tom

Honorary Member

Cagle, Kevin SM

Office Machines

Calleri, Chris

Communications

Chalker, Gerry PHF SM *

Pension Administration

Clark, Jason SM

Insurance

Conner, Tom PHF SM

News Media

Corbin, Andy PHF SM X *

Electronics Mfg.

Curry, Jim PHF SM **

Government Management

Davis, James PHF SM *

Public Utilities

Dorris, George PHF SM

Dentistry

Duncan, Buddy SM

Chaplain

Ekedahl, Brian SM

Social Services

Empson, Dan

Honorary

Fallin, Ralph PHF SM X *

Dairy Products

Foster, William PHF SM * X

Attorney

Fowner, Bob PHF SM

Association Manager

Gavin, Clifton SM

Attorney

Gilligan, Tony PHF SM

Government Contractor

Grubbs, Haydon PHF SM

Education

Hamilton, Chad PHF SM

CPA

Hardy, Sallie PHF SM

Commercial Properties

Hayes, Tom PHF SM

Financial Services

Henderson, Jody PHF SM *

Accounting/Auditing

Henley, Mitzi SM

Retail Shopping Center

Hipsh, Whitney SM

Attorney

Hooton, Jeff SM

Commercial Lending

Howard, William PHF

Real Estate-General

Johnson, Chris PHF *

CPA Retired

Johnson, Johnny PHF SM X *

Banking

Kedroski, Cristie SM

Foundation Development

Landers, Chuck PHF SM

CPA

Leonard, Tony PHF **

Retail/Musical Instruments

Linn, John PHF SM

Kitchens-Retail

Litschauer, Ted SM

Public Safety

Lowrey, Thomas PHF *

Stockbroker

Martin, Ralph PHF

Aircraft Equipment Mfg.

Mattern, Jamey PHF

Architect

McDonald, J.R. SM

Aerospace Marketing

McNabb, Julie SM

Developmental Disabilities

Meyer, Joe

Retail/Computers

Miller, David O. PHF

Developmental Disabilities

Monroe, Jason SM

Communications

Morgan, John PHF SM *

Computer Engineer

Morgan, Matthew SM

Electrical Engineer

Nelson, Dan PHF SM

Restaurant/Fast Food

Nicholson, Michele SM

Communications

O'Brien, Kevin SM

Financial Services

Orr, Julie SM

Personnel Staffing

Peadro, Roger PHF SM

Pastor

Plummer, Mary PHF SM

Real Estate Sales

Poff, Lyndon PHF X SM

Paint & Body Shop

Pooley, Jan PHF SM X

Department Store

Potts, Charlie PHF SM *

Jeweler

Pritchard, Kathy PHF SM

Commercial Banking

Pryor, Fred PHF SM *

Utility Service-Gas

Rahe, Ted PHF SM *

Property Management

Richburg, Bob PHF SM X

College Administration

Rollins, Joe SM

Compliance Services

Shaw, Susan SM

Fund Raising

Shelley, Eulice PHF *

Moving & Storage

Simpson, Natalie SM

Legislative

Smith, Pete PHF * SM

Appraiser

Smith, Scott PHF SM

Chiropractor

Stearns, Allan PHF SM *

Travel Agent

Stevens, Rick PHF * X SM

Surge Suppression Systems

Stokes, Randy PHF SM *

Architecture

Tibbetts, Alexis SM

Schools

Tinsley, Kent SM

Commercial Banking

Tinsley, Herb PHF * X SM

Savings & Loan Mgmt.

Townsend, Forrest PHF * X SM

Veterinarian

Trigg, Brian SM

Program Analyst

Trum, Alex PHF SM

Orthodontist Retired

Turpin, Matt SM

CPA

Vaughan, John PHF SM

Past Service

Watson, Yonge PHF*SM

Real Estate

Weaver, John SM

Youth Organization Mgmt.

Webber, Aaron SM

Condo Management

West, Charles PHF

Investment Broker

Williamson, Ken PHF SM *

Retired

Woo, Jean PHF SM

Dentist

WrightReynolds, Mike PHF SM

Photography

Yeiser, Jack PHF

Mortgage Broker

Youngblood, Russ PHFSM**

Psychologist

PHF: Paul Harris Fellows
SM: PH Sustaining Members
* FWB Club Past Presidents
** Past President Other Clubs
X FWB Rotarian of the Year

Members in purple have perfect attendance.

Members in green font have missed three or more meetings. Please give them a call and encourage them to attend a meeting.

Members in blue font are on a leave of absence.

Don't forget that you can make up a missed meeting at a neighboring club. They include:
Crestview: Wednesday noon, Ryan's
Destin: Tuesday 7:15 a.m. Rutherford's at Regatta Bay
DeFuniak Springs: Wednesday 12:00 p.m., McLain's Family Steakhouse
Mid-Bay: Wednesday 7 a.m., Bluewater Bay Golf Club
Navarre: Thursday noon, Tuscan Grill at Hidden Creek
Niceville: Thursday noon, OWC Bld. K
South Walton: Thursday 7:30 a.m., Embassy Suites